

Water Charades

Preparation for Activity

Optional: Write individual charade assignments on index cards and set the cards aside.

Description of Activity

Playing a game of charades helps us appreciate water's vast influence and many forms, while also enjoying some movement.

Grown ups, summarize some amazing facts about water:

- It seems to be almost everywhere-including inside us (at least 60 percent of our bodies are water; even our bones are one-quarter water).
- There's much more water on Earth than there is dry land; ocean water covers three quarters of the planet.
- Water helps control the temperature of the Earth.
- Water helps keep us alive.
- Water is wonderful.

Ask family members to prove just how wonderful water can be by playing a special kind of Charades. Each person will act out water in some kind of action, for the others to guess. Add:

- The game can be informal and non-competitive; groups need not use the formal rules of Charades.
- You can make noise, but cannot talk.

Allow family members to choose their own kind of water in action to represent. Or, randomly give each person an index card with a charades assignment you have written. Here are some possibilities: Niagara Falls, Old Faithful, a local water body, a strong rain turning to gentle snow, someone taking ice cubes from a freezer, Noah's Ark , ocean waves, a burbling brook, a dripping faucet, someone skiing, someone surfing.

Have each person, in turn, present a charade until others guess its meaning. If guessing is difficult, allow observers to ask questions that performers can answer by nodding "yes" or shaking their heads "no."